

Food list - Earlsfield Food Bank

Milk (UHT or powdered)
Sugar (500 grams)
Fruit Juice (long life carton)
Soup
Pasta sauces
Sponge pudding (tinned)
Tomatoes (tinned)
Cereals
Rice Pudding (tinned)
Tea bags / instant coffee
Instant mashed potato
Rice / pasta
Tinned meat / fish
Tinned vegetables
Tinned fruit
Jam
Biscuits or snack bars